



The Future Human Being

Gene Key 19

Moving from *Co-Dependence* to *Sensitivity* to *Sacrifice*

The Shadow (Human/Ego) level of this genetic code is Co-dependence. The 19th Shadow of Co-dependence has its roots deep within our tribal past. Co-dependence refers to the state of consciousness below independence. To be independent means to rely only upon yourself, whereas to be co-dependent means to rely on outside agencies. Our relationship to God or a set of gods is a purely co-dependent relationship because it is based on this need for outside authority. As long as man believes in a God outside of himself the frequency of our planet will remain at the level of the 19th Shadow. It is out of the 19th Shadow that all the world religions have been created. However the 19th Shadow is currently undergoing a huge genetic mutation, which means that man's reliance on religion is also undergoing a transformation. As this great reaction is occurring within the chemistry of our DNA – the old ways appear to tighten their grip on the only reality they have known. As we grow beyond Co-dependence we discover that independence is an illusion, for in truth Life is, and always has been, interdependent. It is through the Ring of Gaia that we must and will eventually see and will live once again in union with all beings that share this planet Earth.

Repressive Response: Needy These are people who cannot let go of the past for fear of being alone. They need to feel needed and can act out all kinds of dramas, often totally unconsciously, to get the attention they crave. Even violence can be a form of attention. The only way to break free of such patterns is to move into independence.

Reactive Response: Isolation These people refuse any attention, proclaiming they do not need anyone. Such a nature only pretends to be independent while beneath the surface they can seethe with rage.

The Gift (Soul/Spirit) level of this genetic code is Sensitivity. From the Gift level these individuals become highly attuned to the needs of others and the environment. In today's world people with the 19th Gift are likely to use their Sensitivity in any field where people are working together in groups. Their ability to unconsciously sense the needs of others means they are often seen as psychic. There is a heightened awareness of other worlds, realms and kingdoms of life forms and the ability to communicate with them. The 19th Gene Key is one of three primary portals along with the 62nd and 12th Genes that allow humanity access to other evolutionary kingdoms within nature. These kingdoms, which have often been referred to as the Angelic or Devic realms, are planes of consciousness that follow a similar evolutionary pattern to humanity but in parallel dimensions. The 19th Gene Key behaves like a genetic marker in human DNA – when you hit a certain genetic frequency that marker activates the portal allowing information to cross clearly between these parallel worlds. This Gift truly spans all realms and its future function, as we shall see, is to collapse the barriers that separate them – for these are the Shamans who fuse the ancient magical realms with the modern material plane

The Siddhi (Source/Oneness) level of this genetic code is Sacrifice. The path of frequency through the 19th Gift goes from Co-dependence to independence and finally to interdependence. Through the 19th Gene Key you can see how each level of frequency has to transcend itself entirely. In surrendering your small self, you attain the realization of your ultimately greater self - to Sacrifice your individual identity and experience yourself as one with all life as well as the Creator of it. This is the secret of mystical initiation. The 19th Siddhi shares a profound connection with the 49th Siddhi of Rebirth. These two Siddhis represent the key mystical process that will eventually overtake the human species - the ultimate realisation that all sacrificial deaths lead to Rebirth. Life is a living chain of Sacrifice. Consciousness is now beginning to outstrip man and is reaching out for a higher form. But the new form must emerge out of the old one, so deep within Human DNA new mutations are being triggered. The 19th Siddhi contains the secrets of this mystical initiation. They are highly sensitised bridges to the new human and have the ability to siphon information about the new paradigm from behind the veil of the future into the present – they see the new form emerging and do their utmost to prepare people for the coming consciousness shift.

Side Note: This Gene Key is one of three (19,60,61) in the Codon Ring known as the "**Ring of Gaia**". There are 21 Codon Rings within the DNA. These rings are chemical chains that relay biological information between each other in fractal manner. The body acts as a bio computer organizing multiple levels of information. 20 amino acids are combined to create the chemistry needed to respond to the environment.

Physiology: Body Hair

Amino Acid: Isoleucine

Resource: Gene Keys by Richard Rudd