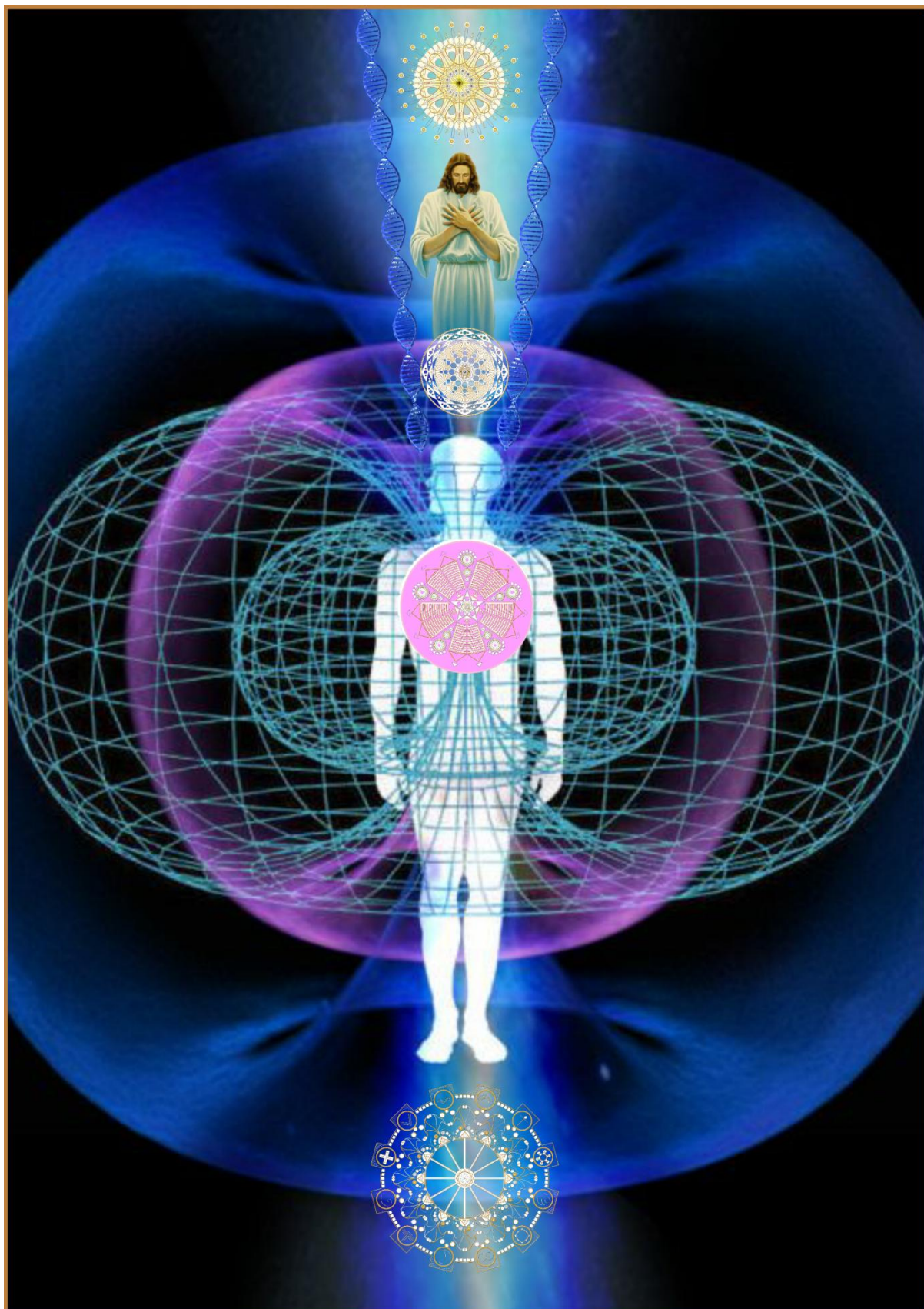


HEAL YOUR SELF AND A LEAP OF FAITH

SELF-HEALING INFORMATION SHEET FOR YOUR GUIDANCE



MY HEALING PRAYER TO MY I AM PRESENCE AND GOD

Beloved Mother/Father God

Beloved Jesus The Christ In Me

Open My Heart To Feel Your Love

Open My Mind To Hear Your Truth

Take My Hand

Lead Me To Thy Temple In Me

Where I May Find Peace

For In Thy House

There Is No Pain Nor Suffering

Let Your Healing Light Shine In

Where Darkness Dwells

Release All Bonds Of Fear & Separation

Imbue Me With Your Flow Of Grace

I Am Grateful

I Am Grateful

I Am Grateful

And So It Is And It is Done

Amen

WHY THIS INFORMATION SHEET?

It has been my experience that when we are furnished with the Highest Levels of Truth, we place within our lives a greater capacity to achieve what we desire. Healing is no different within our own creations and so the information contained herein offer you your greatest potentials to succeed in this endeavour, - to Heal Your Life! It shall take a huge Leap of Faith, and when offered the Truths that matter, then that Leap becomes easier to make! Healing is a vast subject, so let's look at healing from various aspects in accordance to Divine Law and Your Beloved I Am Presence Through Divine Consciousness and Universal Equilibrium.

HEALING IN THE NEW DISPENSATION

First the Concept.

The consciousness of mankind is now at the threshold of a new age, which will require of every person/s that they develop within themselves the knowledge, capacity and will to govern their own destiny, to consciously dissolve the causes within themselves that are behind the unpleasant experiences in which they find themselves and then—intelligently—create new centres of thought and feelings which will manifest within the body as immortal youth, inexhaustible strength and vigour, and a mind at peace, through understanding and enlightenment.

The old order, wherein man and woman relied upon a consciousness outside of themselves to alleviate the pain, dispense mercy, and make whole again, is passing away. The discovery of the Powers that are within each Life Stream, forms the field of spiritual exploration open to the thinkers and leaders of the race. Mankind, grasping their own destiny, must acknowledge, first, the cause of his present distress, and then, no longer placing the responsibility for his unhappiness outside of himself, he enters the new era of self-conscious mastery of his own life energy and learns to set his house in order through the faculties and powers that are quiescent within his own life.

Jesus has been the greatest exemplar of the power of instantaneous Healing that the Western world has known. He has said, “the things that I have done, ye shall do also, and even greater things shall ye do.”

His promise is our challenge. It is not enough to have a few elect endowed with the capacity of mitigating the evils in the lives of the masses. Each man and woman, in this world of tomorrow, must become the Healing Presence with-in him/herself. This Healing of the New Age will come first, through the up reaching of the people toward an explanation as to the cause for their distress.

Music, color, vibrations of light, are all mediums of healing, natural conductors of vitalizing and energizing force. The angelic kingdom, the seraphic hosts, certain of the Masters of light, will join with mankind in helping to free the race from the distressing conditions under which it functions today.

You may read more about the Laws of Healing, should you desire to do so by downloading from the website *“Science of the Mind, Practical Healing of Mind and Body - A Complete Treatise on the Principles and Practice of Healing by a Knowledge of Divine Law”* by Jane W. Yarnall. It is a Pdf of 123 pages, so do not expect to read it all in one sitting! But it does have some very pertinent information for the Healer and the One who shall offer Healing for self.

You will find the download button under the image on the Leap of faith Page.

LIFE—THE GREATEST GIFT ON EARTH

By V. F. Angelday

Every day of the year, and not only at Christmas, should be the season of gifts. Therefore, Dear Souls, **WHAT IS THE GREATEST GIFT THAT CAN BE GIVEN?** Great wealth? Power and position? Tell me! What good are any or all of these without and Quality of LIFE?

It is the greatest joy and privilege in the universe, to cooperate with that life to produce health, happiness, beauty and perfection right here in this physical world, for which reason every living soul came into existence. “Whither shall I go from Thy Spirit? Or whither shall I flee from Thy Presence? If I Ascend up into Heaven, Thou art there; if I make my bed in hell, thou art there.” Psalm 139. Why?

Because wherever you are, **GOD IS!** Your life is the very Presence of God, Himself, by which you breathe, think, feel, live, move and have your being, **AND IT IS RIGHT WITHIN** your physical heart.

It is the **ENERGY** that beats that heart. It is the freest of all free gifts to all. We are giving this without money, and without price, but who among us really knows this?

Who among us loves and reveres that Presence of Life within us? Who gives joyous praise and sincere thanks **JUST FOR LIFE**, the first thing each morning, as we return to this world in consciousness to a clean, fresh start, on a clean, fresh day, with a clean, fresh page opened before us in our own personal book of life, on which we may imprint the most beautiful record of love's accomplishments, or the blot and smear of wasted energy?

“Every day is a new beginning; every morning is the world made new!” Regardless of our “yesterdays,” regardless of past mistakes—life, that magnificent Presence which beats our hearts and is our **VERY CONSCIOUSNESS**, by this daily offer of another chance, allows us to correct and balance all the errors of the past. Life, which is **GOD IN ACTION**, constantly forgives and forgets, with ever-expanding love and devotion to its creation. That creation is, in reality, an extension of itself right here.

Life is no respecter of persons. Its gifts are for **ALL**. They are ours for the asking, but the “asking” must be done. The call for those gifts releases them, but the call must come from the Heart of the one desiring them. That call can no more fail to be heard or answered than that you could suddenly put the sun, itself, out of existence.

It is **LIFE ITSELF** that makes the call. The Laws of life are just as eternal as the sun itself, and, “Call unto me and I **WILL ANSWER YOU,**” is one of those Laws.

In A Course In Miracles is says this:-

THE ANSWER TO PRAYER

“Everyone who ever tried to use prayer to ask for something has experienced what appears to be failure. This is not only true in connection with specific things that might be harmful, but also in connection with requests that are strictly in line with this course. The latter in particular might be incorrectly interpreted as “proof” that the course does not mean what it says. You must remember, however, that the course states, and repeatedly, that its purpose is the escape from fear.

“Let us suppose, then, that what you ask of the Holy Spirit is what you really want, but you are still afraid of it. Should this be the case, your attainment of it would no longer be what you want. This is why certain specific forms of healing are not achieved, even when the state of healing is. An individual may ask for physical healing because he is fearful of bodily harm. At the same time, if he were healed physically, the threat to his thought system might be considerably more fearful to him than its physical

expression. In this case he is not really asking for release from fear, but for the removal of a symptom that he himself selected. This request is, therefore, not for healing at all.

“The Bible emphasizes that all prayer is answered, and this is indeed true. The very fact that the Holy Spirit has been asked for anything will ensure a response. Yet it is equally certain that no response given by him will ever be one that would increase fear. It is possible that his answer will not be heard.

“It is impossible, however, that it will be lost. There are many answers you have already received but have not yet heard. I assure you that they are waiting for you.

“If you would know your prayers are answered, never doubt a Son of God. Do not question him and do not confound him, for your faith in him is your faith in yourself. If you would know God and his Answer, believe in me whose faith in you cannot be shaken. Can you ask of the Holy Spirit truly, and doubt your brother? Believe his words are true because of the truth that is in him. You will unite with the truth in him, and his words will be true. As you hear him you will hear me. Listening to truth is the only way you can hear it now, and finally know it.

“The message your brother gives you is up to you. What does he say to you? What would you have him say? Your decision about him determines the message you receive. Remember that the Holy Spirit is in him, and his voice speaks to you through him. What can so holy a brother tell you except truth? But are you listening to it? Your brother may not know who he is, but there is a light in his mind that does know. This light can shine into yours, giving truth to his words and making you able to hear them. His words are the Holy Spirit's answer to you. Is your faith in him strong enough to let you hear?

“You can no more pray for yourself alone than you can find joy for yourself alone. Prayer is the restatement of inclusion, directed by the Holy Spirit under the Laws of God. Salvation is of your brother. The Holy Spirit extends from your mind to his, and answers you. You cannot hear the Voice for God in yourself alone, because you are not alone. And his answer is only for what you are. You will not know the trust I have in you unless you extend it. You will not trust the guidance of the Holy Spirit, or believe that it is for you unless you hear it in others. It must be for your brother because it is for you. Would God have created a Voice for you alone? Could you hear his answer except as he answers all of God's Sons? Hear of your brother what you would have me hear of you, for you would not want me to be deceived.

“I love you for the truth in you, as God does. Your deceptions may deceive you, but they cannot deceive me. Knowing what you are, I cannot doubt you. I hear only the Holy Spirit in you, Who speaks to me through you. If you would hear me, hear my brothers in whom God's Voice speaks. The answer to all prayers lies in them. You will be answered as you hear the answer in everyone. Do not listen to anything else or you will not hear truly.

“Believe in your brothers because I believe in you, and you will learn that my belief in you is justified. Believe in me by believing in them, for the sake of what God gave them. They will answer you if you learn to ask only truth of them. Do not ask for blessings without blessing them, for only in this way can you learn how blessed you are. By following this way you are seeking the truth in you. This is not going beyond yourself but toward yourself. Hear only God's Answer in his sons, and you are answered.

“To disbelieve is to side against, or to attack. To believe is to accept, and to side with. To believe is not to be credulous, but to accept and appreciate. What you do not believe you do not appreciate, and you cannot be grateful for what you do not value. There is a price you will pay for judgment, because judgment is the setting of a price. And as you set it you will pay it. If paying is equated with getting, you will set the price low but demand a high return. You will have forgotten, however, that your return is in proportion to your judgment of worth. If paying is associated with giving it cannot be perceived as loss, and the reciprocal relationship of giving and receiving will be recognized. The price will then

be set high, because of the value of the return. The price for getting is to lose sight of value, making it inevitable that you will not value what you receive. Valuing it little, you will not appreciate it and you will not want it.

“Never forget, then, that you set the value on what you receive, and price it by what you give. To believe that it is possible to get much for little is to believe that you can bargain with God. God's Laws are always fair and perfectly consistent. By giving, you receive. But to receive is to accept, not to get.

It is impossible not to have, but it is possible not to know you have. The recognition of having is the willingness for giving, and only by this willingness can you recognize what you have. What you give is therefore the value you put on what you have, being the exact measure of the value you put upon it. And this, in turn, is the measure of how much you want it.

“You can ask of the Holy Spirit, then, only by giving to him, and you can give to him only where you recognize him. If you recognize him in everyone, consider how much you will be asking of him, and how much you will receive. He will deny you nothing because you have denied him nothing, and so you can share everything. This is the way, and the only way to have his answer, because his answer is all you can ask for and want. Say, then, to everyone:

“Because I will to know myself, I see you as God's Son and My Brother”.

Read this again it is SO IMPORTANT to the outcome of your Desires to give, not just to self, but to all life!

“It is impossible not to have, but it is possible not to know you have. The recognition of having is the willingness for giving, and only by this willingness can you recognize what you have. What you give is therefore the value you put on what you have, being the exact measure of the value you put upon it. And this, in turn, is the measure of how much you want it”.

HOW IS HEALING ACCOMPLISHED?

Excerpt from A Course in Miracles

“Healing involves an understanding of what the illusion of sickness is for Healing is impossible without this.

“Healing is accomplished the instant the sufferer no longer sees any value in pain. Who would choose suffering unless he thought it brought him something, and something of value to him? He must think it is a small price to pay for something of greater worth. For sickness is an election; a decision. It is the choice of weakness, in the mistaken conviction that it is strength. When this occurs, real strength is seen as threat and health as danger. Sickness is a method, conceived in madness, for placing God's Son on his Father's Throne. God is seen as outside, fierce and powerful, eager to keep all Power for Himself. Only by His death can He be conquered by His Son.

“And what, in this insane conviction, does healing stand for? It symbolizes the defeat of God's Son and the triumph of his Father over him. It represents the ultimate defiance in a direct form which the Son of God is forced to recognize. It stands for all that he would hide from himself to protect his "life." If he is healed, he is responsible for his thoughts. And if he is responsible for his thoughts, he will be killed to prove to him how weak and pitiful he is. But if he chooses death himself, his weakness is his strength. Now has he given himself what God would give to him, and thus entirely usurped the throne of his Creator”.

I HAVE NO USE FOR THIS! THE SHIFT IN PERCEPTION

Excerpt from A Course in Miracles

“Healing must occur in exact proportion to which the valuelessness of sickness is recognized. One need but say, "There is no gain at all to me in this" and he is healed. But to say this, one first must recognize certain facts.

“First, it is obvious that decisions are of the mind, not of the body. If sickness is but a faulty problem-solving approach, it is a decision. And if it is a decision, it is the mind and not the body that makes it. The resistance to recognizing this is enormous, because the existence of the world as you perceive it depends on the body being the decision maker. Terms like "instincts," "reflexes" and the like represent attempts to endow the body with non-mental motivators. Actually, such terms merely state or describe the problem. They do not answer it.

“The acceptance of sickness as a decision of the mind, for a purpose for which it would use the body, is the basis of healing. And this is so for healing in all forms. A patient decides that this is so, and he recovers. If he decides against recovery, he will not be healed. Who is the physician? Only the mind of the patient himself. The outcome is what he decides that it is. Special agents seem to be ministering to him, yet they but give form to his own choice. He chooses them in order to bring tangible form to his desires. And it is this they do, and nothing else. They are not actually needed at all.

“The patient could merely rise up without their aid and say, **"I HAVE NO USE FOR THIS."** There is no form of sickness that would not be cured at once. What is the single requisite for this shift in perception? It is simply this; the recognition that sickness is of the mind, and has nothing to do with the body. What does this recognition "cost"? It costs the whole world you see, for the world will never again appear to rule the mind. For with this recognition is responsibility placed where it belongs; not with the world, but on him who looks on the world and sees it as it is not. He looks on what he chooses to see. No more and no less. The world does nothing to him. He only thought it did. Nor does he do anything to the world, because he was mistaken about what it is. Herein is the release from guilt and sickness both, for they are one. Yet to accept this release, the insignificance of the body must be an acceptable idea.

“With this idea is pain forever gone. But with this idea goes also all confusion about creation. Does not this follow of necessity? Place cause and effect in their true sequence in one respect, and the learning will generalize and transform the world. The transfer value of one true idea has no end or limit. The final outcome of this lesson is the remembrance of God. What do guilt and sickness, pain, disaster and all suffering mean now? Having no purpose, they are gone. And with them also go all the effects they seemed to cause. Cause and effect but replicate creation. Seen in their proper perspective, without distortion and without fear, they re-establish Heaven”.

This is an Extremely Powerful Self Realization indeed! Say this when you realize you have something that is not true in your life:-

"I HAVE NO USE FOR THIS, and therefore I hand it back to God for My Divine HEALING!

This was a mistake I made, because my perception of who I am was shrouded in my own mis-creations.

I WILL, only to Create through the Will of My Divine Father and Beloved Mother”,

For I Am One With Them. My Life, is Their Life!

I Am One In Divine Consciousness With My Brothers and Sisters, for I see Father/Mother God in Them also, and THEY have no use for mis-creations! In Oneness as I HEAL, so do They!

And So It Is, It Is Done”. I have prepared a simple but powerful Prayer based on this Truth!

“I HAVE NO USE FOR THIS”

MY HEALING PRAYER TO MY I AM PRESENCE AND GOD

***Beloved Mother/Father God, My I Am Presence Within Me, In the Name Of Jesus
The Christ within Divine Consciousness and Universal Equilibrium, Come Forth
Now and Hear My Prayer.***

(State what it is that you wish to heal within, through and all around you now, past, present and future.
It can be an ailment, sickness, disease, life situation or circumstance, anything at all!)

For example

Dear God, I have created within my life, a belief system that “I am not loved, or I have no Life Purpose or I have this disease, sickness, condition or, I am in lack of ????. There is no limitations here!

Dear God, I have created within my life, a belief system that

**I HAVE NO USE FOR THIS UNTRUTH any longer.
Therefore, I hand it back to You, Holy Mother and Father, with my Forgiveness
and My Compassion, for
My Divine HEALING!**

***This was a mistake I made, because my perception of who I am was shrouded in my
own mis-beliefs and mis-creations.***

***I WILL, only to Create through the Your Will from now on,
For I Am One With You.***

***My Life, IS Your Life!
My Love and Light, Is Your Love and Light,
My Freedom IS Your Freedom.
My Eternal Peace and Joy IS Your Eternal Peace and Joy!***

***I Am One In Divine Consciousness With My Brothers and Sisters, for I See YOU in
Them also,
and THEY have no use for mis-beliefs or mis-creations either!***

In Oneness I AM HEALED, and so are They!

***I Bless Myself, I Bless My Brothers and Sisters, I Bless You!
I Am Grateful, I Am Grateful, I Am Grateful.***

***Ehyeh Asher Ehyeh
I AM THAT I AM***

***For The Greater Glory Of God I Go!
And So It Is, It Is Done”.***

THE FUNCTION OF THE TEACHER OF GOD

Excerpt from A Course in Miracles

“If the patient must change his mind in order to be healed, what does the teacher of God do? Can he change the patient's mind for him? Certainly not for those already willing to change their minds he has no function except to rejoice with them, for they have become teachers of God with him. He has, however, a more specific function for those who do not understand what healing is. These patients do not realize they have chosen sickness. On the contrary, they believe that sickness has chosen them. Nor are they open minded on this point. The body tells them what to do and they obey. They have no idea how insane this concept is. If they even suspected it, they would be healed. Yet they suspect nothing. To them the separation is quite real.

“To them God's teachers come, to represent another choice which they had forgotten. The simple presence of a teacher of God is a reminder. His thoughts ask for the right to question what the patient has accepted as true. As God's messengers, His teachers are the symbols of salvation. They ask the patient for forgiveness for God's Son in his own Name. They stand for the Alternative. With God's Word in their minds they come in benediction, not to heal the sick but to remind them of the remedy God has already given them. It is not their hands that heal. It is not their voice that speaks the Word of God. They merely give what has been given them. Very gently they call to their brothers to turn away from death: "Behold, you Son of God, what life can offer you. Would you choose sickness in place of this?"

“Not once do the advanced teachers of God consider the forms of sickness in which their brother believes. To do this is to forget that all of them have the same purpose, and therefore are not really different. They seek for God's Voice in this brother who would so deceive himself as to believe God's Son can suffer. And they remind him that he did not make himself, and must remain as God created him. They recognize illusions can have no effect. The truth in their minds reaches out to the truth in the minds of their brothers, so that illusions are not reinforced. They are thus brought to truth; truth is not brought to them. So are they dispelled, not by the will of another, but by the union of the one Will with itself. And this is the function of God's teachers; to see no will as separate from their own, nor theirs as separate from God's.

IS HEALING CERTAIN?

Excerpt from A Course in Miracles

“Healing is always certain. It is impossible to let illusions be brought to truth and keep the illusions. Truth demonstrates illusions have no value. The teacher of God has seen the correction of his errors in the mind of the patient, recognizing it for what it is. Having accepted the Atonement for himself, he has also accepted it for the patient. Yet what if the patient uses sickness as a way of life, believing healing is the way to death? When this is so, a sudden healing might precipitate intense depression, and a sense of loss so deep that the patient might even try to destroy himself. Having nothing to live for, he may ask for death. Healing must wait, for his protection.

Healing will always stand aside when it would be seen as threat. The instant it is welcome it is there. Where healing has been given it will be received. And what is time before the gifts of God? We have referred many times in the text to the storehouse of treasures laid up equally for the giver and the receiver of God's gifts. Not one is lost, for they can but increase.

“No teacher of God should feel disappointed if he has offered healing and it does not appear to have been received. It is not up to him to judge when his gift should be accepted. Let him be certain it has been received, and trust that it will be accepted when it is recognized as a blessing and not a curse. It is not the function of God's teachers to evaluate the outcome of their gifts.

“It is merely their function to give them. Once they have done that they have also given the outcome, for that is part of the gift. No one can give if he is concerned with the result of giving. That is a limitation on the giving itself, and neither the giver nor the receiver would have the gift. Trust is an essential part of giving; in fact, it is the part that makes sharing possible, the part that guarantees the giver will not lose, but only gain. Who gives a gift and then remains with it, to be sure it is used as the giver deems appropriate? Such is not giving but imprisoning.

“It is the relinquishing of all concern about the gift that makes it truly given. And it is trust that makes true giving possible. Healing is the change of mind that the Holy Spirit in the patient's mind is seeking for him. And it is the Holy Spirit in the mind of the giver Who gives the gift to him. How can it be lost ? How can it be ineffectual? How can it be wasted? God's treasure house can never be empty. And if one gift is missing, it would not be full. Yet is its fullness guaranteed by God. What concern then, can a Teacher of God have about what becomes of his gifts? Given by God to God, who in this holy exchange can receive less than everything”?

LAWS OF EXISTENCE

From Letter 1 Christ Returns

I want you to realize that your entire universe is a manifestation of logic and consistent logical effects arising out of related causation. Your universe is CAUSE & EFFECT made visible.

This is an undeviating Principle of Existence. If there are instances of deviations such as paranormal experiences or instantaneous healings, the average person exclaims in astonishment and science refuses to believe that such a thing is possible. As my explanation deepens, you will eventually understand how such deviations take place, logically and effectually. In other words, these deviations occur according to natural spiritual laws and always serve a necessary purpose. Nowhere is there any mindlessness in creation, even in the ant or gnat, unless the mind of an entity has been born defective or been damaged.

Therefore it is clear: you live and operate in a physical universe which displays the highest degree of intelligence and purposeful activity within the creation of ‘matter’ itself, in the physical bodies of all individual entities from plants to human beings. Unfortunately, **this high degree of INTELLIGENCE and PURPOSEFUL CARING** is only minimal in the consciousness displayed by the created entities themselves from plants to human beings.

In other words, the BODIES in which you conduct your lives, in which you think and feel and do whatever comes to mind, manifest within their physical organs and working parts a very much higher order of intelligence and loving purpose than does your human consciousness.

Human interests are mostly wrapped up in the problems of personal daily survival, enjoyment of pleasures, and emotional/physical satisfaction.

Whatever man profoundly **BELIEVES** himself to be, good or bad, that will he become.

Whatever man **FEARS** others will do to him, so will they do.

Whatever man **HOPES** that others will do to him, he must first do to them, since he is then creating a ‘consciousness pattern’ which will return to bless him to the extent he has blest others.

Whatever disease man **DREADS** so will he become prey to it for he will have created a ‘consciousness pattern’ of the very thing he least wants to experience.

Your Universe is CAUSE and EFFECT made visible - This is an undeviating principle of existence. If there are instances of deviations such as paranormal experiences or instantaneous healings, the

average person exclaims in astonishment and science refuses to believe that such a thing is possible. As my explanation deepens, you will eventually understand how such deviations take place – logically and effectually. In other words, these deviations occur according to natural spiritual laws and always serve a necessary purpose. (L5-6)

Whatever is sent forth from man's mind and heart – returns to him in due course in some form or another, but remember that like always breeds like. Strongly held emotional thoughts are 'consciousness seeds' planted within a man's own orbit of consciousness. These will grow, bearing a like harvest for his reaping.

These are the fruits of free will.

There is no way that man may escape what he thinks, says or does – for he is born of the Divine Creative Consciousness power and is likewise creative in his imagining.

Those who long for good for themselves must first give it to others. Let their very existence be a blessing to others.

When such people are in harmony with all others – they are then perfectly attuned to the Universal Creative Consciousness power – and they are brought into the flow of the Father 'nature' which is growth, protection, nourishment (physical, mental, spiritual) healing, fulfilment of need, within a system of law and order.

Excerpt From Christ Letter 4

Each job, each moment, can be sacred and beautiful, radiant with the inflow of **Divine Consciousness** life force, uplifting, healing to the self and others, if a person takes time to realise he/she is a channel of **Divine Consciousness** which is itself all healing, all protection, all fulfilment of a person's every need.

One person, even one who cleans the floors and empties bed pans, possessing such a realization can enter a room and become the most important, perhaps, the only, distributor of good amongst six people handing out bed pans. Such a person can leave behind a legacy of increased strength in every patient. **Every single person who realizes that from their eyes is radiated potent life-force to those at whom the vision is directed, can know that their glance, that penetrating look, that smiling gaze has benefited the one who received it.**

For everything we, yes, you and **I, the CHRIST**, think and do is an act of consciousness, and consciousness is life-force. With the activity of our minds, yours and **mine**, we shape our consciousness, our life-force into different forms which will bless or curse the environment.

The only difference between you and Muhammad and myself, known on earth as Jesus, is the kind of thought and feeling that Muhammad and I radiate to others. We both radiate life-giving consciousness energy to the world.

What are you radiating in your world?

Remember again, how, during a time of great stress during my time in Palestine, I cursed the fig tree, and it shriveled to its roots. Not long afterwards I was also roundly cursed by Roman soldiers and Jewish priests alike. I, too, was shriveled to my roots before I died on the cross. Beware what you hand out to others; make certain that you would like to receive the same.

A cup of water handed to someone with love can bless and uplift that person or, if handed out with ill-feeling can make the recipient feel small and of no account, a little weaker and more

depressed.

What part are you playing in your environment? Are you honored and recognized for the love and goodwill you distribute the moment you set foot in your work place? Have you caught a vision of what is really important in life?

Have you set yourself a spiritual plan, a spiritual goal to be achieved before you pass on into the next beautiful dimension?

Will you be sufficiently purified and committed to unconditional loving to move into the higher levels of spiritual consciousness, or will your goals still be those of your earth plane?

Ask yourself: What part do you really want to play in your environment? What is your spiritual destination?

Just as importantly, what are your attitudes towards other people, superiority and exclusivity, or an awareness that most people are doing the best they can with whatever talents they possess?

To reach your full potential you must realise that neither position nor wealth can limit the power you exercise in the world. Your only limitations are your attitudes and thoughts arising from your attitudes.

The Life Force radiated from the mind of king, prime minister, general, or lowly servant, or soldier, is equally powerful and productive of good in the environment, providing each one disciplines his thoughts to become attuned to the spiritual frequencies of unconditional love and Divine Consciousness. Furthermore, such thoughts enter and enhance the world consciousness force itself. Each person adding their spiritual thought to world spiritual thought strengthens it.

The only factor which determines the degree of imparting of life-or-sickness propensities is the level of realization and spiritual understanding that a person has drawn from the **SOURCE of BEING**.

Therefore, the man who happily removes the neighborhood refuse with a good heart and a blessing on all whom he meets, is a bright light shining in his little world, and the money grasping, ill-tempered man of wealth and substance emerging from his mansion to go to his office, is a pool of darkness which can be felt negatively by those who venture near him.

No matter what you do, what you possess, the position you occupy in life, there is no limit to your potential development for good. There is no limit to the potential grandeur and glory of your being. Your only limitation is the amount of time and energy, you are prepared to devote to meditating on your

SOURCE of BEING and opening your human consciousness to enter into **It** and receive **It** into your mind.

Therefore, religious leaders, revere your congregations, because you do not know what spiritual insight and progress is taking place in the minds of those who may appear to be very humble and of no account socially.

Religious leaders, cease your criticism of other religions because you do not know the heights of spiritual knowledge, insight and enlightenment their adherents may have attained.

Religious leaders, realise that you, yourselves, are only as spiritually advanced as is your personal perception of **Reality**.

If you have no perception of what lies beyond the veil of your material world, you may be religious, but you do not have a spiritual consciousness.

This is the true ideal, the true aspiration, the highest goal, to understand and experience the *Reality* behind and within all things giving them their individual being.

You may call the Reality , God, Allah, Jehovah, Infinite Intelligence, Divine Mind or Divine Consciousness or the Tao. All these names mean the SOURCE of your BEING, your CREATIVE ORIGINS.

YOU CAN HAVE NO HIGHER ASPIRATION THAN THIS, to understand and experience the *Reality* behind and within all things, giving, maintaining and sustaining all individual being.

This was the goal presented to you by every enlightened Teacher who has come to earth.

PLEASE TAKE THE TIME TO READ AND INVESTIGATE THE CHRIST LETTERS, THESE ARE THE FOUNDATION OF YOUR NEW LIFE UPON EARTH AND BECOMING THE NEW ADAM/LILITH KADMAN MAN AND WOMAN.

CEREMONY SUGGESTIONS FOR THE PREPARATION OF THE INVOCATIONS, ATTUNEMENTS AND INITIATIONS.

The following preparations are for the purpose of being attuned, aligned, activated or initiated with any of the Activations set out in the Elemental Grace Alliance.

What Do I Need To Do To Undergo These Attunements, Alignments, Activations And Initiations?

- Give your self permission to do so.
- Be prepared to change your life and possibly undergo a complete change of lifestyle, including everything around you, your beliefs and concepts of life.
- Choose the Attunements, Alignments, activations and Initiations you are prepared to accept for yourself.
- Read as much of the information on OUR web site as you can, including the information below and within this information document.
- Print out the Invocation changing whatever you deem inappropriate for yourself and /or your understanding. There is no need to change anything if you do not wish to. This is just an outline to help you fully engage if that is your desire! Remember this is your Attunement, activation and you need to take all steps to be responsible for all that it means!
- Prepare for your ceremony.
- Have your ceremony and receive your Activations.
- Enjoy the experience. You are more than likely one who knows all about personal space and preparations for such Initiations, Alignments, Attunements and Recalibrations of your Vibrational Frequencies. So these suggestions are really for those who need some guidance. Feel free to use anything here or to add or delete as you feel appropriate for you.

You may choose to write and share your experiences, if so, they shall be welcomed! Or if you would like to discuss further aspects of the Attunements beforehand that may not be clearly understood by you, ask me before you begin. I Am always available to answer any queries that may arise.

Trust and have Faith, think, speak and live your New Life and your Greatest Desires for Your Self!

What qualifications do I need?

You need no qualifications at all! Only the Desire to remember Who You Are, nothing more. These activations etc, are not restricted to any person regardless of their religion, color of skin, culture or age. There are no educational requirements either. Your life is your Qualification. If you have found your way to this opportunity, then “KNOW THAT YOU QUALIFY”. All you need to do now is to make the choice to go ahead without fear!

PREPARATION

Before you begin it is important that in the New Energies you understand that you are Supreme Mind and not body. This simply means that at a cellular level your cells require to be told of your Intent. Unless your Intent is clearly defined, confusion can set in and your desires cut short. We don't always let our bodies know what it is we desire. In the greater scheme of things, we must also understand and accept that each cell (the microcosm) is in direct association with the Universe (the macrocosm). Therefore, to attain what you desire, every part of you needs to work in unison, i.e. Mind, Body and Spirit. To do this we must speak our Intentions Out Loud. Generally in Private, but Always Directed To The God I Am Presence within you!

In the New Cosmic Energy, to maximize your desires, it is required to verbalize out loud what it is you intend to do. It also allows your Spirit Guides to work with your Intentions. Spirit Guides, according to Universal Law, cannot do anything for you unless you ask them and give them permission to do so. To ask out loud for Their Assistance will provide a clear platform to launch your desire. State your Intention and do not place expectations upon the result. Expectations are limitations and will block energies that will confine and restrict your potential.

It is suggested that this meditation be undertaken in such a way that it takes on a Ceremonial Nature. Remember this is now the 7th Golden Age of Ritual, Ceremony and Transformation. I would recommend that some time be given to your own personal Ceremonial preparation and design. This is your Attunement and/or Alignment and you will respond to this in the way that best suits you. Of course this is not necessary but it will help the logical mind to grasp and accept the Attunement and/or Alignment to take place with its optimum results.

If you are accustomed to meditation, you may already have a sacred place or meditation technique. Whatever places you in a state of complete relaxation and away from the normal stresses, tensions and concerns of everyday life, will work perfectly. Find your Sacred Place away from any potential disturbances and select some soft relaxing music if that appeals, maybe in nature is the perfect location for you? Music again, is not necessary, but it can create a more ambient mood. A pillow and blanket or cover may be appropriate if you desire. I recommend you light 22 candles and place them strategically around the room or location, being mindful of inflammables and materials igniting should you fall asleep for some time. Floating candles in water bowls are excellent, as are earthen dishes or containers. Common sense comes with the territory of responsibility. The number 22 is symbolic of the Master therefore 22 candles is simply a tool to symbolically manifest your Mastership within the physical realm. But again you do not need candles at all, it is a matter of personal choice.

If you have any questions about the meditation or how you set up a ceremonial atmosphere I would be pleased to give you some ideas. But you are not reading this as someone new to all this! There are no set patterns or procedures. This is your Attunement, do what makes you feel good! This Attunement can be performed on your own or in a group. Perhaps you would prefer to do it with a group. A leader could guide the group into the peace and when the silence begins each one can slip into the Attunement themselves.

FEELINGS AND SENSATIONS

Before you commence it is my responsibility to inform you that the changes of energies that you may experience can come in many different forms. You may simply fall asleep and not remember anything; you may feel or see Spirit Guides or feel hands or movements around or upon your body. You may feel tingling or pins and needles, energy pulsations, or vibrations, maybe coolness or warmth of some kind. I highly recommend that this Attunement be undertaken while lying down. I have had people in my workshops actually falling off their chairs through absolute loss of muscle tension and support. As I cannot be there to watch over you through the meditation in person, I am eliminating all factors of danger or disruption. Once you have made the decision to change your life now, the energies generally begin immediately even while all the preparations are taking place by you for the Attunements. This may come in many ways. Tiredness, subtle changes in your perceptions and feelings within your body. People may change toward you; anything that is not normal can be deemed a form of preparation. If you have any concerns whatsoever, then please advise me and I will direct you to a clear understanding and way to move through it. Physical conditions like diarrhea, colds or flu, headaches, aches and pains are not uncommon. If you are at all concerned with these things it is recommended that you consult a general physician.

PROTECTION

Remember this: - there are no such things as coincidences, therefore whatever you feel or experience is for a Higher Purpose. You have nothing to fear unless you think you do. If you have any doubts as to any possible fears I recommend you do not go ahead as these could manifest and I cannot be responsible for your own manifestations. Protection is not necessary unless you think you need it. If you fear the slightest thing then I suggest you place all the protections you require counteracting them.

However, if this Attunement were undertaken with the Purest of Intent and in the way I have suggested, then you will be fully and absolutely protected, safe and secure from any harm whatsoever. This is about Intent. I know my Intent and therefore the people that are attracted to this group or myself for their Attunements, come with like mind and vibration. My instructions to Spirit for this process have no foundation based in fear therefore fear is non-existent. It is therefore up to you to decide if protection is required. This is as much an individual choice as any you can make. Be Mindful however that Archangel Michael is going to be Invoked along with His Legions of Light, but this is more for His Love and Compassion. However His Divine Virtue is Protection just the same! Love is Its Own Protection!

CHANGES AFTER THE ATTUNEMENT

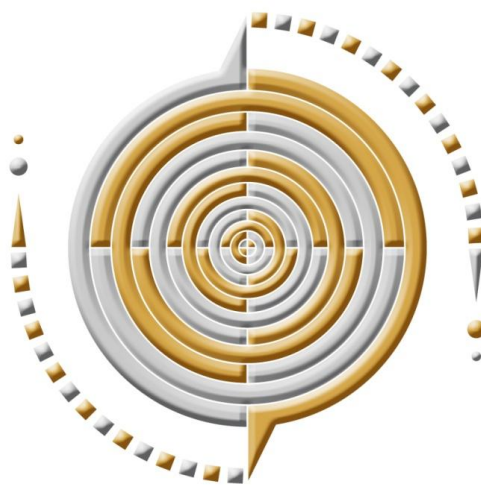
Many people experience different things but it is important that you are prepared for the possibility of huge changes. This could be in the way of movements in relationships, situations and circumstances. You will most definitely, be placed in situations that will push your buttons and place you in areas where you will be required to make choices that you have never made before and to step into unknown territory, with simply nothing as your Guide but Faith and Trust. You will be tested, and tested with the levels of Resonance that you are about to shift into. With New Vibrational Frequencies comes Greater Responsibilities. The Greater the Responsibility the Grander the TEST! You will, without doubt, move sub-conscious issues of fear to the surface so that these too may be dealt with and released. As you raise your vibrational frequency of Love, to create a New Balance in your life, so too must you raise the aspects of fear within to the surface for release. Our potential to Love is only comparative to the amount of fear that we carry. To raise the Vibration of Love, we therefore require to make way for these energy changes and shifts. This is undertaken by facing and releasing our fears. The more fears you release, the more Love you will have to replace the voids that have been left behind. You have heard of the cliché “first you must empty out before you can fill up”. This is very applicable for this process.

These Attunements and Alignments can be, but are not necessarily, about releasing issues. They are for the purpose of clearing old energy patterns and realigning one's energy fields into balance allowing the 4 lower bodies to receive Higher Vibrational Frequencies. This may bring issues to the surface that

have been held deep within the physical body. Should they surface, then it is advised that they are considered for what they represent, accepted them for their Higher Purpose, Loved them and Let them go! However, these activations have been known to clear total karmic patterns entirely from the individual, and the Ancestral Lineages aligned to them. Thus releasing all aspects of karmic lessons that were originally programmed within them to be experienced before they could be released. The New Energies allow, simply with the power of Intent, to change the programs, by rewriting them, within our cellular self with nothing more than a choice and the Power of the Will To Do! How the individual reacts depends entirely with the individual, for each person has their own independent experiences that brings them to this point of re-Alignment. Everybody reacts/responds in a different way to these Attunements. Some are more dramatic than others, however, never in my experience of all the Attunements, that I have facilitated, has anyone ever been placed in a situation that has been detrimental to them on a physical, mental, emotional or spiritual level. It is totally Safe, Honored and Sanctified by the Highest of our Spirit Guides.

These Attunements are not designed nor are they possible for me to facilitate the dealing of any such issues immediately, however, these can be addressed as they arise in due course. Not for any other reason than I personally am not physically present at the time. I Am presence on the Etheric Levels along with the Host of Others including your Own I Am Presence. You may choose to work with these through this Group or your own I Am Presence. Whatever you decide is your own free will to do so! You may have another professional you know that is able to assist you through these processes should you need assistance. As I am responsible for Initiating these Attunements I therefore place myself available for any questions or situations or circumstances that may arise that require explanation or resolution. Please feel free to contact me at any time regardless of the problem or question.

SUGGESTED MEDITATION



Divine Alignment Platinum and Gold

(The candles are alight, the music is playing and you are in a relaxed state of mind and body.)

Visualize and feel that your legs become like lightning rods penetrating deep into Mother Earth. Allow these rods to travel all the way to the centre of Sun Of Even Pressure at the Core of Mother Earth. As you see the rods arriving, allow them to turn into anchors so that they may fix you to the Earth Energies. Feel the Energies of Mother Earth rising through these rods into your legs, through your chakras and up into your Heart Centre and allow the Energy of Mother Earth, Pelleur and Virgo, to be Centered in your Heart.

Visualize and feel coming down through the Universe, a Golden Beam of Crystalline Liquid Light from the Great Central Sun, Alpha and Omega, that penetrates the top of your head through your

Crown Chakra. Travelling down through your Third Eye, Throat and into your Heart where it mixes and blends with the Energies of Mother Earth allowing each to resonate in Balance and Harmony.

Visualize and feel the Lights of the candles, representing the Element of Fire, cleansing, clearing and energizing the Element of Air around you. Finally visualize with your mind's eye the pulsation of your Heart Centre and the flow of your blood travelling around the whole of your body representing the Element of Water.

Allow yourself to listen gently to the music, or nature around you, or the silence that you have created for this special moment in this time and allow your consciousness to be mindful of the in breath and the exhalation of the out breath.

Any thoughts that may enter your mind simply allow them their gentle passage through the logic. Do not try to push them away or to hold them, simply allow them to travel in and, in their own time, travel out again.

When you feel comfortable that you are prepared and ready for the Attunement/s to take place you are asked to make the verbal Invocation and Decrees out loud. This will Declare your desire through Intent to both your 4 lower bodies, at a cellular and all present encodement level, and to your Angel Guides and Those you have called forth, for Their assistance, healing and activation of the New Divine Templates that are awaiting you.

If you have chosen the Invocation prepared, you may now read it out loud. If you have prepared one for yourself, then you may make the appropriate Affirmations or Decrees now.

READ INVOCATION NOW!

Once having made the Invocation with your pure Intent, relax and enjoy the next thirty to sixty minutes while the activation takes place and any healing work that is required may be performed by Spirit. Please note that it is best to allow whatever time you feel that comes to you before-hand. It has been known and I speak from personal experiences, that one can be knocked out for as long as 6 hours! So maybe you might consider to do this late one evening and do it lying in bed so that you can simply Let Go Fully and sleep the entire night as may be required. Just follow your own intuition as to how you wish to do this.

Once the Alignment or Attunement has been completed, then you will be woken or you will have your consciousness stirred, so that you may return to the present moment and resume your routine. There are so many potentials here, just go with what works for you!

NB.

It is recommended that you drink at least a large glass of water before the meditation and make sure that your preparations the day before include full hydration as there is a lot of the Fire Element being used and this tends to evaporate the Water Element throughout the course of the Attunements and Alignments. You will no doubt be feeling thirsty after the Activation has taken place or in the morning when you wake.

Upon completion allow the energies of the Golden Liquid Light to be retracted and imagine sense or feel the chakras that have been Activated, closed to about 55% open. Also allow the lightning rods connected to Mother Earth to be retracted and the chakras that they pass through, closed to about 55% open. The reason for this is to Ground your Energies once again. There is a potential that you shall totally leave your body through the Attunements so it is important to be mindful of this also. It is recommended that you do not perform any duties that require full concentration immediately after the Attunement as you may feel a little light-headed from the process. If you are in doubt of your stability or groundedness then imagine sense or feel that you are a large tree sending your roots deep into

Mother Earth. Feel the Energy of Mother Earth once again and do not disconnect yourself until you feel you have regained full consciousness.

QUESTIONS OR QUERIES

Should you have any questions or queries about anything, I welcome your communication. If you require anything that may assist your development I would be delighted to hear from you at your convenience. May Peace and Love be with you.

Lovingly in your Service Namaste

Peter (narayanajoy peter@gmail.com)

God Bless!

SUGGESTED PRAYER AFTER THE INVOCATION AND HEALING CEREMONY.

The New Lord's Prayer for the New Cosmic Consciousness

“Our Father Who Art in Heaven and Me,

Hallowed be Thy Name, I AM.

I AM Thy Kingdom Come

I AM Thy Will Being Done

I AM on Earth Even as I AM in Heaven

I AM Giving Your Gifts Daily to All

I AM Forgiving All Life Each Moment no matter how small

I AM All Life Forgiving Me

I AM Leading By Example All God's Children away from temptation

I AM Delivering All God Life away from every un-Loving Condition

I AM Your Kingdom

I AM Your Power and Your Might

I AM Your Open Door and Your Radiant Light

I AM Your Peace, Your Grace and Your Mercy

I Am Your Unfailing Life

I AM Your Glory, Eternally within this Immortal Manifestation

I AM Incorruptible, I Am Indestructible, I Am Untouchable

I AM That I AM

The Resurrection and the Salvation For All The World

I AM God's Love, Wisdom and Power, Inexorably Complete.

And So It Is, And It Is So

For the Greater Glory of God Go I, I AM

Amen.

To close I wish to offer this Prayer for daily use and invite you to feel it deeply in your Life now!

PRAYER FOR PERSONAL ASCENSION

In the Name of my Beloved God-Presence "I AM."

I ask to receive the Initiations needed to qualify for Ascension.

I call for a Great Cosmic Shaft of Cosmic Purity Flame to remove from my mind, my

thoughts, my feelings and my body, and all subtle bodies every

vibration of human creation that is impure in substance and less than my

Divine Perfection in God. I have no use of these anymore!

May the Flame of Purity transmute from my world all remaining negative energies!

May the Love of Christ expand in me through the power of the Ascension Flame!

May the Resurrection Flame awaken the memories of my Divine Blueprint,

So that I can be free forever from all discord that I have ever created!

I affirm that I AM Purity in action.

I AM God's Purity established within Mind, Body and Soul.

Let me also invoke Purity for every part of Life on Earth.

Let me invoke Purity for my family, my friends and for the whole

Family of God, all Kingdoms and the Earth.

And so it is, Beloved I AM!