Laws of Existence
From Letter 1

Whatever man profoundly **BELIEVES** himself to be, good or bad, that will he become.

Whatever man **FEARS** others will do to him, so will they do.

Whatever man **HOPES** that others will do to him, he must first do to them, since he is then creating a ‘consciousness pattern’ which will return to bless him to the extent he has blest others.

Whatever disease man **DREADS** so will he become prey to it for he will have created a ‘consciousness pattern’ of the very thing he least wants to experience.

Your Universe is **CAUSE and EFFECT** made visible - This is an undeviating principle of existence. If there are instances of deviations such as paranormal experiences or instantaneous healings, the average person exclaims in astonishment and science refuses to believe that such a thing is possible. As my explanation deepens, you will eventually understand how such deviations take place – logically and effectually. In other words, these deviations occur according to natural spiritual laws and always serve a necessary purpose. (L5-6)

Whatever **is sent forth from man’s mind and heart** – returns to him in due course in some form or another, but remember that like always breeds like. Strongly held emotional thoughts are ‘consciousness seeds’ planted within a man’s own orbit of consciousness. These will grow, bearing a like harvest for his reaping.

These are the fruits of free will.

There is no way that man may escape what he thinks, says or does – for he is born of the Divine Creative Consciousness power and is likewise creative in his imagining.

Those who long for good for themselves must first give it to others. Let their very existence be a blessing to others.

When such people are in harmony with all others – they are then perfectly attuned to the Universal Creative Consciousness power – and they are brought into the flow of the Father ‘nature’ which is growth, protection, nourishment (physical, mental, spiritual) healing, fulfilment of need, within a system of law and order.