

PRAYER FOR DIVINE CONSCIOUSNESS – THE CHRIST

FROM THE CHRIST LETTERS NO. 8



First of all, before attempting to enter your meditative state, memorise the following prayer so that the words become your own. When you have become perfectly relaxed, start your meditation with this prayer. Say it slowly and visualize the meaning of each word to enable you to enter into the consciousness of the word and enable the energy consciousness of the word to enter into your deepest self. As you say this prayer, your eyes should be closed and your gaze lifted towards your forehead. – Christ Jesus

FATHER-MOTHER-LIFE, You Are My Life, My Constant Support, My Health, My Protection, My Perfect Fulfilment of Every need and My Highest Inspiration.

I ask You to Reveal the True Reality of Yourself to me.

I Know it is Your WILL that I shall be Fully Illumined, that I may better receive Awareness of Your Presence Within and around me.

I Know that this is Your Truth for me.

I Know that You Protect and Sustain me within Your Perfect LOVE.

I Know that my Divine Purpose is to Fully EXPRESS YOU.

As I speak to You, I Know that You are Perfectly Receptive of me, for You Are UNIVERSAL LOVING INTELLIGENCE, which has so marvellously Designed this world and brought it into visible form.

I Know, that as I ask YOU to Speak to me, I Am sending out a Consciousness Searchlight into Your Divine Consciousness and as I listen, YOU will penetrate my human consciousness while I become increasingly aware of my receptive mind and Heart to Your Love, Light and Life.

I Command and Commit myself and My Life into YOUR LOVING CARE!

Each time you say and visualise this prayer, you create a spiritual consciousness form that will become stronger and ever more elevated in frequencies of vibration as the true meaning of the prayer deepens in your mind and heart and your perceptions heighten. After the prayer, relax ever deeper and let your mind go as blank as you can. If thoughts intrude, gently recite Divine Life or Father-Mother-Life to yourself and again quieten your mind. – Christ Jesus